

# RESURRECTION OF OUR LORD PARISH COMMUNITY

1940 Saunderson Drive, Ottawa, ON K1G 2C9

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*A dynamic Catholic community called by the Risen Lord to share God's love  
through worship, service and solidarity.*

## PASTORAL TEAM

Fr. Robert Masternak, SDS	Pastor	613-733-4661
Rev. Mr. Yves Trottier	Deacon	613-733-4661
MaryAnne Lefebvre	Administrative Assistant	613-733-4661

## LORD'S DAY MASSES

Saturday	5:00 p.m.
Sunday	9:00 a.m. 11:00 a.m.

## CONFESSIONS

Saturdays	4:00 p.m. to 4:30 p.m.
Fridays	8:30 a.m. to 9:30 a.m.
First Friday	7:00 p.m. to 9:00 p.m.

## WEEKDAY MASSES

Tuesday – Friday	8:00 a.m.
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## ADORATION OF THE BLESSED SACRAMENT

Fridays	8:30 a.m. to 9:30 a.m.
First Friday	5:00 p.m. to Midnight

**OFFICE HOURS:** Tuesday to Thursday – 8:30 a.m. to 12:00 p.m. / 12:30 p.m. to 2:00 p.m.

**BAPTISMS:** contact the parish office at least two months in advance.

**MARRIAGE:** Please notify the parish office at least six months before the marriage.

## PARISH FINANCE COUNCIL

Chairperson Dylan McGuinty Jr. 613-526-3858

## PASTORAL COUNCIL

Chairperson Gord McFee 613-447-9577

## PARISH SCHOOLS

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FIFTEENTH SUNDAY OF ORDINARY TIME



Masses For The Week

LORD'S DAY MASSES

Saturday July 15

5:00 p.m. +for the Repose of the Soul of Betty Joachim by the Estate of Nancy Marie Serrao +for the Repose of the Soul of Vittoria Rinaldi by the Rinaldi Family

Sunday July 16

9:00 a.m. +for the Repose of the Soul of Frances Bowes by Mark and Brenda Mullan +for the Repose of the Souls of Shafic and Lamia Bakhache by their Granddaughter Rita Frigo

11:00 a.m. -Resurrection of Our Lord Parishioners

WEEK DAY MASSES

Tuesday July 18

8:00 a.m. +for the Repose of the Soul of Amy Baracho by the Estate of Nancy Marie Serrao

Wednesday July 19

8:00 a.m. -for the Blessings of Lara Dale on her Birthday, granddaughter of Joseph and Fina Lobo

Thursday July 20

8:00 a.m. -for the Protection of Life from Conception to Natural Death by a Parishioner

Friday July 21

8:00 a.m. +for the Repose of the Soul of Michael Bunville by Paul and Louise Bunville

WE REMEMBER THE SICK IN OUR COMMUNITY:

Alan Jane, Grazynka Daszczyński, Joseph Lobo, Byron Howat, Gabrielle Etter.

LORD'S DAY MASSES

Saturday July 22

5:00 p.m. +for the Repose of the Soul of Vittoria Rinaldi by the Rinaldi Family +for the Repose of the Soul of Nancy McLeod by Vi Tobin

Sunday July 23

9:00 a.m. +for the Repose of the Soul of Nancy Marie Serrao by her Estate +for the Repose of the Soul of Joy Mullan by Bob and Nancy Sharkey +for the Repose of the Souls of Jeanne D'Arc Bakhache and Michael Karam by their Niece Rita Frigo

11:00 a.m. -Resurrection of Our Lord Parishioners

Confessions
Saturdays / 4:00 p.m. to 4:30 p.m.
Fridays / 8:30 a.m. to 9:30 a.m.
First Friday / 7:00 p.m. to 9:00 p.m.
Adoration of the Blessed Sacrament
Fridays / 8:30 a.m. to 9:30 a.m.
First Friday / 5:00 p.m. to Midnight

Hour of Prayer
Mon. to Thurs. 3:00-4:00 p.m.

FIRST FRIDAY ADORATION OF THE BLESSED SACRAMENT AND
CONFESSIONS
FRIDAY, AUGUST 5TH, 2023
5:00 PM TO MIDNIGHT

(Confessions will be heard: 7:00 – 9:00 pm)
~ followed by ~

NICODEMUS MASS
SATURDAY, AUGUST 6TH, 2023
12:01 AM

**We pray for** the safety of the Youth travelling to Lisbon for World Youth Day, leaving July 27th and returning August 9th, especially our parishioner, Bianca Picciano.

**Blessing of the Cars ~ St. Christopher's Day  
Will Take Place Here – AFTER LORD's Day Masses  
JULY 29 & 30 – 5PM / 9 AM and 11 AM**

St. Christopher is the patron saint of travelers and of children. He is one of the most popular Saints of the East and West. There are many legends concerning this Saint. One of the most popular of them holds that St. Christopher was a giant who helped people across a raging stream. It is believed that he carried the Christ Child across this same stream. Hence, his name Christopher, Christ-bearer. He is Patron of motorists, and is invoked against storms, plagues, etc. He died a Martyr during the reign of Decius in the 3rd century and is one of the Fourteen Holy Helpers invoked for emergencies or afflictions. (Lives of the Saints)

**CHURCH BULLETIN ADVERTISING:** Liturgical Publications will be setting up the advertisements for our church bulletin. The advertising will begin in October 2023 & supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at: 1-800-268-2637.

**The Importance of Saying the Rosary.** The Fathers of the spiritual life in the Deuteronomic and prophetic traditions insist that prayer is a remembrance of God often awakened by the memory of the heart. "We must remember God more often than we draw breath." (St. Gregory of Nazianzus.)

Within The Tradition of the Church breathes rhythms of prayer such as morning and evening prayer, grace before and after meals, the Liturgy of the Hours, Sundays, centered on the Eucharist, the cycle of the liturgical year, and its great feasts.

The Lord leads all persons by paths and in ways pleasing to him and the personal expressions of their prayer.

Christian Tradition has retained three major expressions of prayer: vocal, meditative and contemplative.

Vocal prayer, founded on the union of body and soul in human nature, associates the body with the interior prayer of the heart, following Christ's example of praying to his Father and teaching the Our Father to his disciples. It is a basic need of our human nature to pray out loud. God asks it of us from the depths of our souls and also by vocal prayer.

Jesus raised his voice to express his personal prayer, from exultant blessing of the Father to the agony of Gethsemani.

Meditation is of great value, but Christian prayer should go further: to the knowledge of the love of the Lord Jesus, to union with him.

Contemplative prayer at its beginnings is vocal. Contemplative prayer is the simple expression of the mystery of prayer. It is a gaze of faith fixed on Jesus, and attentiveness to the Word of God, a silent love. It achieves real union with the prayer of Christ to the extent that it makes us share in his mystery.

Through his Word, God speaks to man. By words mental or vocal, our prayer takes flesh. Yet the heart should be present. (It doesn't depend on the number of words, but on the fervour of our souls. – St. John Chrysostom)

Precis excerpt from  
the Catechism of the Catholic Church

It is for these reasons it is important to say the Rosary before Masses and for the Men's Rosary Group.

Because family matters!

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