

RESURRECTION OF OUR LORD PARISH COMMUNITY

1940 Saunderson Drive, Ottawa, ON K1G 2C9

Tel: 613-733-4661

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*A dynamic Catholic community called by the Risen Lord to share God's love
through worship, service and solidarity.*

PASTORAL TEAM

Fr. Robert Masternak, SDS	Pastor	613-733-4661
Rev. Mr. Yves Trottier	Deacon	613-733-4661
Rev. Mr. Tom Stephenson	Deacon	613-733-4661
Mary Anne Lefebvre	Parish Office	613-733-4661

LORD'S DAY MASSES

Saturday	5:00 p.m.
Sunday	9:00 a.m. 11:00 a.m.

CONFESSIONS

Saturdays	4:00 p.m. to 4:30 p.m.
Fridays	8:30 a.m. to 9:30 a.m.
First Friday	7:00 p.m. to 9:00 p.m.

WEEKDAY MASSES

Tuesday – Friday	8:00 a.m.
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ADORATION OF THE BLESSED SACRAMENT

Fridays	8:30 a.m. to 9:30 a.m.
First Friday	5:00 p.m. to Midnight

OFFICE HOURS: Tuesday to Thursday – 8:30 a.m. to 12:00 p.m. / 12:30 p.m. to 2:00 p.m.

BAPTISMS: contact the parish office at least two months in advance.

MARRIAGE: Please notify the parish office at least six months before the marriage.

PARISH FINANCE COUNCIL

Chairperson Dylan McGuinty Jr. 613-859-0522

PASTORAL COUNCIL

Chairperson Gord McFee 613-447-9577

PARISH SCHOOLS

St. Luke 613-731-3541
St. Gemma 613-731-8841

St. Patrick's High School 613-733-0501
Ottawa Catholic School Board 613-224-2222

resurrectionchurch@rogers.com (Office)

Website: www.roolparish.ca

FIFTH SUNDAY IN ORDINARY TIME



Masses For The Week

FIFTH SUNDAY IN ORDINARY TIME

Saturday February 7, 2026

5:00 p.m. +Repose of the Soul of Vittoria Rinaldi
by the Rinaldi Family

Sunday February 8, 2026

9:00 a.m. -Intentions, good Health, and
many Blessings of the Jach Family
by Janina
+Repose of the Soul of Terry Serrao by
the Estate of Ida Serrao
+Repose of the Soul of Barbara Langlois
by Dorothy d'Entremont

11:00 a.m. -Resurrection of our Lord Parishioners

WEEK DAY MASSES

Tuesday February 10, 2026

8:00 a.m. +Repose of the Soul of
Karl and Wanda Sztramko by
Richard and Maria Knapik-Sztramko

Wednesday February 11, 2026

8:00 a.m. -Good health, Intentions and Blessings
requested by Maria Oliveira
for her Daughters

Thursday February 12, 2026

8:00 a.m. +Repose of the Soul of
Marcus Francis Serrao by
the Estate of Ida Serrao

Friday February 13, 2026

8:00 a.m. +Repose of the Soul of Barbara Langlois
by Larry and Pat Moore

Ash Wednesday Masses

Wednesday, February 18th is Ash Wednesday.
Ashes will be distributed at both the
8:00 am and 7:00 pm Masses.

~ WE REMEMBER THE SICK IN OUR COMMUNITY ~ ✦✦
Alan Jane, ✦ Elaine Jane, ✦✦Grazynka Daszczyński, ✦✦
✦✦ ✦Greg Cameron, ✦✦✦✦✦ Carmen Arquines ✦✦
✦✦✦ Lark Herbert, ✦ Gabrielle Etter, ✦✦✦✦✦✦✦
Karen Lobo-Etter ✦ Andy Refama, ✦ Greg Campbell ✦
Norman Connolly ✦ Emelita Tolentino ✦✦✦✦✦✦✦.

EVERY FRIDAY DURING LENT

there will be STATIONS OF THE CROSS
at 6:30 PM followed by the Celebration of Mass

PARISH LENTEN PENITENTIAL DAY FOR CONFESSIONS

with visiting priests
Thursday, March 19th
8:30 - 9:30 a.m. and 6:00 - 7:00 p.m.

SHROVE TUESDAY – FEBRUARY 17th

Join us for a Pancake dinner
on Shrove Tuesday, February 17, 2026
in the parish hall.
4:30-6:30 pm.

A time to meet with family, friends and neighbours.
Proceeds will go towards the maintenance fund.
\$10.00 per person - \$5.00 for children under 12.
Tickets sold at the door.

CHANGE – JOY – LOSS – GRIEF |

A single sacred deposit. The relationship between Scripture and Tradition.

Do you consider the Word of God – spoken through the Scripture and branches out throughout history through the Church, which preserves, interprets and embodies the Word of God – to be something of beauty and constant to always be relied upon? There are times of great joy and those of grief and loss (change). Yet, it is recalled Jesus said he would send the Holy Spirit to guide the Apostles to remember, apply and proclaim everything he taught. Sacred Scripture, the inspired word of God, and Sacred Tradition, the living memory of the Church, are intimately bound together and form the one Deposit of Faith. We need this and rely on it (this one Deposit of Faith) because it helps us to celebrate great joys and to realize in times of change, loss and grief – that the constancy of our faith – (doctrine, worship, morality, etc.) is not static but dynamic having been more profoundly understood by the Church over the centuries, under the guidance of the Holy Spirit (entrusted to the Church, who preserves and interprets it in Jesus' name). [It is a long road that has no curves – CHANGE – JOY – LOSS – GRIEF], and we need help to navigate the complexities of life to reach our eternal home in heaven. [Based on Leo XIV General Audience Wednesday, 28 January 2026. Catechesis. The Documents of Vatican Council II. Dogmatic Constitution Dei Verbum. A single sacred deposit. The relationship between Scripture and Tradition.]

**Dear Reverend Fathers, Deacons, and Parish Faithful,
Greetings in the Lord!**

A Pastoral Word from your Archbishop

As your Archbishop, I am deeply aware of the questions, fears, and uncertainties that many people face when dealing with serious illness, suffering, or the end of life—whether for themselves or for someone they love. These moments touch us all, and they deserve compassion, clarity, and care.

This is offered to help explain the difference between palliative care and Medical Assistance in Dying (MAID), using simple and respectful language. It is not meant to judge or blame, but to inform, to accompany, and to encourage thoughtful reflection. As a Church community, we believe that every person deserves to be cared for with dignity, tenderness, and hope, especially during times of vulnerability.

Understanding Palliative Care and Medical Assistance in Dying (MAID)

Palliative care is a specialized approach within the Canadian healthcare system that focuses on comfort, dignity, and quality of life for people living with a serious or life-limiting illness. It can be provided at any stage of illness and alongside other medical treatments.

The purpose of palliative care is not to cure disease, but to relieve suffering and support the whole person—physically, emotionally, socially, and spiritually. It helps manage pain and symptoms such as shortness of breath, nausea, or anxiety, while also offering support and guidance to families and caregivers.

At its heart, palliative care reflects our shared responsibility to care for one another. It affirms that every life has value and that no one should face illness, frailty, or death alone. Through presence, listening, and practical help, palliative care offers reassurance and human connection.

Palliative care is not “giving up.” Many people in Canada receive palliative care while continuing other treatments. Its goal is to help people live as fully and comfortably as possible for as long as they live.

Palliative care can be provided in many settings: at home through home-care services, in hospitals, in long-term

care homes, or in hospices when additional support is needed. Care is flexible and adapts to each person’s needs, wishes, and circumstances.

Medical Assistance in Dying (MAID), by contrast, intentionally brings life to an end. Palliative care takes a different path. It does not hasten death but walks with the person through illness with gentleness and respect, focusing on comfort, dignity, and care until natural death.

Choosing palliative care means choosing accompaniment, support, and compassion—trusting that every life remains worthy of care until the very end.

A Pastoral Message

To all who are living with illness, caring for a loved one, or facing difficult decisions, please know that you are not alone. Our Church wishes to walk with you, to listen, and to support you with understanding and compassion.

May we continue to build a society where care, presence, and solidarity are at the heart of how we respond to suffering. May we never forget that dignity does not disappear with illness, and that love has the power to bring comfort even in the most challenging moments.

With my prayers and blessing,
✠ Marcel Damphousse
Archbishop of Ottawa-Cornwall

February 15 After the 11 AM Mass Parish Hall

Come celebrate with us after the 11:00 AM Mass in the church hall for an afternoon packed with delicious food, fun activities, and great company! Help support our Church roof repairs!

🌟 **What to Expect:**

- Complimentary sausage & snacks 🍌
- Exciting Bingo: \$5 for 2 cards (good for 2 games)
- Silent Auction with items ranging from \$15 to \$500 AND Raffle – be ready to bid! 🎁

Bring your **cash** for the auction and raffle, and come ready to have a blast, win prizes, and enjoy some delicious food while raising our roof!

Plan a more meaningful goodbye

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